

Forgiveness versus Reconciliation

Reconciliation is different from forgiveness.

Forgiveness is the “one person” process which is a necessary precondition to reconciliation.

Reconciliation can be applied between God and us; between others and us; and between social groups (including religion).

For more information, inquire about how you can move from forgiveness to reconciliation and the basic questions that need asked before proceeding to the path of reconciliation.

Equip Care Ministries

A Non-Profit 501(c)3 Religious Organization
P.O. Box 812153
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Informational Brochure
Compliments of the Equip Care Ministry

Freedom by FORGIVENESS

WHAT Forgiveness is not



Dealing with anger at God

When you believe He's let you down



FORGIVENESS 101

Sometimes when we are wronged, we struggle to overcome the anger and bitterness that comes with unforgiveness. It is our hope that through the transformational power of God's Word through revelation of the Holy Spirit, you will turn the corner on your hurt and pain as you gain Biblical and practical knowledge toward healing.

WHAT FORGIVENESS IS NOT

1. **CONCILIATION:** Conciliation is an attempt to resolve interpersonal problems or to gain someone's favor by pleasing or placating him/her.

2. **CONDONING:** Condoning recognizes and names an injury but acquiesces to it. The wronged accepts the hurt and does not have or does not admit to having any anger or resentment.

3. **EXCUSING:** The offended admits that an injury has been inflicted but does not regard the wrongdoer as fully responsible for whatever reason. As a result, there is no grounds for resentment or forgiveness.

4. **FORGETTING:** Forgetting is letting go of the past hurt with little or no attempt to understand it.

5. **JUSTIFYING:** The wronged admits that an injury has occurred but considers that the offender had good reasons to do what was done. There are no grounds for resentment or forgiveness.

6. **PARDONING:** This takes place in the public arenas of politics and law courts. Pardoning is rescinding a legal judgment or penalty upon someone judged or regarded as guilty. A pardon is granted by someone empowered to do it, for example, a judge or state governor.

7. **RECONCILING:** Forgiveness is an individual and internal process. It precedes and prepares the way for reconciliation but does not always lead to reconciliation. Reconciliation is an over process between two or more people who seek to restore a kind, compassionate, safe, and fair relationship.

8. **MERCY:** Mercy is an attitude or disposition to be kind, compassionate, and forgiving but is not the decision to forgive.

Excerpts taken from Earl Thompson, (Psychology of Forgiveness; drawing on insights from Enright, Digeser, and Webster).



Equip Offerings

Join us every second Saturday monthly for our Equip Care Ministries Drop in support group or contact us about one-to-one Pastoral Care.

Equips vision is to invest in community ministries and bring unique and dynamic ways that offer self-care, healing and wholeness. Equip Care Ministry is a 501c3 Religious Organization serving many in Crisis Care, Educational Enrichment, and Community initiatives.

Jesus as our Example

IS HUMAN FORGIVENESS POSSIBLE?

Let us remember Jesus' injunction: "Be merciful [compassionate] as God is merciful [compassionate]."

Contact Us

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